

Food and amount	Weight Oz	Protein Grams	Fat	Carbs Grams	Moisture	Ash	Calories	Iron	Calcium	Servings
Chicken Leg Qtr w/ Skin	22.5	162.5	57.5	0			1187.5	40%	3%	2.5
Egg 1 Large No Shell	7	24	20	0			288	20%	8.80%	4
Flank Steak	0	0	0	0			0	0%	0.00%	0
Whole Boston Butt/Pork Roast	0	0	0	0			0	0%	0.00%	0
Chuck Roast	0	0	0	0			0	0%	0.00%	0
Ground Chuck	0	0	0	0			0	0%	0.00%	0
Beef Heart	16	129	23	1			748	160%		1
Chicken Skin (Extra)	2	11	23	0			254	4.70%	0.60%	1
Egg Shell									100%	0.5
Fish Oil Capsule Softgel	0	0	36	0						4
FOS Inulin Powder 1 tbsp	0	0	0	18			10	0	0	2
Carrots	4.2	0	0	9.1			38.5			0.7
Apples	4.2	0	0	17.5			66.5			0.7
Blue Berry Yogurt	6	7	2	32			168		14%	1
								225%		126%

Flintstones Complete

Total Calories	2760.5
Total Protein	333.5
Total Fat	161.5
Total Carbs	59.6
Total Fiber	18
Total Ounces	61.9
Total Grams	554.6

Percentage Protein	60.13	Percentage Fat	29.12	Percentage Carbs	10.75	Percentage Fiber	3.25
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Total Pounds	3.87	Calories/LB	713.54
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USRDA Iron	225%
USRDA Calcium	126%

Dog Needs 20 Cal per Lb	Dog's Weight	20 lbs	Dog's Calories	400 calories	Ounces 2x Day	0.56	Multipllier on Recipe For 7 Days
				10 LB	Ounces 2x Day	2.2	0.6
				20 LB	Ounces 2x Day	4.5	1.2
				30 LB	Ounces 2x Day	6.7	1.8
				40 LB	Ounces 2x Day	9.0	2.4
				50 LB	Ounces 2x Day	11.2	3.0
				60 LB	Ounces 2x Day	13.5	3.6
				70 LB	Ounces 2x Day	15.7	4.1
				80 LB	Ounces 2x Day	17.9	4.7
				90 LB	Ounces 2x Day	20.2	5.3