

Food and amount	Weight Oz	Protein Grams	Fat	Carbs Grams	Moisture	Ash	Calories	Iron	Calcium	Servings
Chicken Leg Qtr w/ Skin	22.5	162.5	57.5	0			1187.5	40%	3%	2.5
Egg 1 Large No Shell	7	24	20	0			288	20%	8.80%	4
Beef Heart	8	64.5	11.5	1			374	80%		0.5
Chicken Skin (Extra)	0	0	0	0			0	0.00%	0.00%	0
Egg Shell									100%	0.5
Fish Oil Capsule Softgel	0	0	36	0						4
FOS Inulin Powder 1 tbsp	0	0	0	13.5			7.5	0	0	1.5
Carrots	4.2	0	0	9.1			38.5			0.7
Apples	4.2	0	0	17.5			66.5			0.7
Blue Berry Yogurt	3	3.5	1	16			84			0.5
								140%	119%	

Flintstones Complete

Total Calories	2046
Total Protein	254.5
Total Fat	126
Total Carbs	43.6
Total Fiber	13.5
Total Ounces	48.9
Total Grams	424.1

Percentage Protein	60.01	Percentage Fat	29.71	Percentage Carbs	10.28	Percentage Fiber	3.18
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Total Pounds	3.06	Calories/LB	669.45
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USRDA Iron	140%
USRDA Calcium	119%

Dog Needs 20 Cal per Lb	Dog's Weight	20 lbs	Dog's Calories	400 calories	Lbs to Feed / Day	0.60
				Ounces 2x Daily	4.780058651	